



## THE UK COSMOS 2011 UPDATE – Please Update Your Details Now

Perhaps you've moved address or got a new mobile number? We need to know changes like these, so that we can follow your health and mobile usage over the long-term. [Click here](#) to update us via our new UK COSMOS Participant Section which will open in a new browser window. It will take 3 minutes to update us – we ask you to check your personal details are correct and up-to-date, followed by 6 short questions about your current mobile phone(s). Your Unique ID number will automatically be filled in – you just need your password to log in, but don't worry if you can't remember this as you can easily reset it.



**Complete the UK  
COSMOS 2011 Update**



### Thank you for your support!

Welcome to the first UK COSMOS study e-newsletter. It marks just over one year since the main launch of the study and we've been very busy! We'd like to start by thanking each of our 67,988 study participants for joining UK COSMOS. This is a really impressive achievement, and it is all down to you that the UK makes up the largest part of the international COSMOS study – well done! Without your contribution of time and effort to join UK COSMOS, and your continuing support this important research would not be possible. Now that the main recruitment phase is over our focus in the UK COSMOS Team moves to long-term follow-up of your mobile phone use and health. This is why we are asking for a UK COSMOS 2011 Update from you. In the future, there is no need to wait for our update request – you can update your details via the UK COSMOS Participant Section of our website at anytime.

### Thank you for your feedback

The UK COSMOS Team received lots of feedback from you during 2010. We'd like to thank you for this - we have taken your comments on board, and shared what we have learnt with our international COSMOS partners so that we can all improve our questionnaires and recruitment procedures. We know the initial questionnaire was long (we've listened to your feedback!), so this year we have made our UK COSMOS 2011 Update very short indeed.

### Latest UK COSMOS News

The initial recruitment and baseline data collection stage is now complete. We are starting to analyse data about mobile phone usage collected from network operators for UK cohort members in 2010. It is important to look first at levels and variation of mobile phone usage, and understand these patterns fully before relating this data to health outcomes. In June 2011 we will be collecting a second batch of mobile usage data from mobile operators. Later this year we will start to analyse the data collected via the UK COSMOS survey questionnaire.

### International COSMOS News

The international study now has approximately 160,000 participants. In April 2011 our partners in The Netherlands launched their main recruitment campaign, and our partners in Finland will undertake another round of recruitment later in 2011 to increase the number of Finnish participants. Recruitment to cohorts in Sweden and Denmark has finished. The first COSMOS publication, which describes the design and set up of the international COSMOS cohort, has already been published in the February 2011 issue of the journal Cancer Epidemiology ([link to publication abstract](#)).

### Publications News

We are currently preparing our first scientific publication. This publication will cover the recruitment and set-up of the UK COSMOS cohort, and details of data collection to date. This is important to inform the scientific community worldwide of what we have learnt from our recruitment phase, which may help other scientists setting up large health research studies.

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### Contact Us

If you require help updating your details or have any other queries relating to the COSMOS study please do not hesitate to contact us on freephone 08000 270 270 (Mon to Fri 10.00am - 5.30pm) or email [ukcosmos@imperial.ac.uk](mailto:ukcosmos@imperial.ac.uk), quoting your Unique ID number.



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